It’s nearly here! The major excursion for Stage 2 students will take place in Week 8 of this term (Monday 17th to Tuesday 18th June). This sport and recreation camp is run by “Outdoor Education” at their centre located at Morisset.

Please have payments finalised with the office by Friday 7th June, as we have to notify the Active Education Centre of our final numbers by the end of that week.

Please find attached the following information regarding this excursion.

- Overnight Excursion Code of Conduct
- Parent letter from Outdoor Education
- Student letter from Outdoor Education
- A student gear checklist
- Outdoor Education Experience Medical, Activity Restriction and Consent Form
- A list of activities that may be on offer. We will be provided with a final program.
- Souvenir price list

Please read all information carefully including the camp requirements and optional items.

The Outdoor Education Experience Medical, Activity Restriction and Consent Form as well as the Overnight Code of Conduct must be completed in full and returned to Ms Whitty as soon as possible so that final arrangements can be made.

<table>
<thead>
<tr>
<th>Arrival / Departure times:</th>
<th>(Subject to last minute changes)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday 17&lt;sup&gt;th&lt;/sup&gt; June</td>
<td>8:30am</td>
</tr>
<tr>
<td></td>
<td>Students arrive at school outside front office. Rolls are marked.</td>
</tr>
<tr>
<td></td>
<td>Medication/Spending money collected.</td>
</tr>
<tr>
<td></td>
<td>9:00am</td>
</tr>
<tr>
<td></td>
<td>Students depart school.</td>
</tr>
<tr>
<td>Tuesday 18&lt;sup&gt;th&lt;/sup&gt; June</td>
<td>1:30pm</td>
</tr>
<tr>
<td></td>
<td>Students depart camp</td>
</tr>
<tr>
<td></td>
<td>2:45-3:00pm</td>
</tr>
<tr>
<td></td>
<td>Students arrive back at school.</td>
</tr>
<tr>
<td></td>
<td>Medication is returned to students or to the office as required.</td>
</tr>
</tbody>
</table>

**Medication:**
Please hand all medication to Ms Whitty in labeled, re-sealable bags.

**Spending Money: ($20 maximum)**
Please hand all spending money to Mrs Scott in labeled wallets.

We look forward to a wonderful experience!

Stage 2 Teachers
Dear Parent or Guardian

Thank you for considering sending your son/daughter to participate in an outdoor education program with Outdoor Education NSW. The purpose of this letter is to inform you about our organisation and its’ services, so that you can make an informed decision regarding your son/daughter’s attendance.

All of the staff at Outdoor Education NSW are young and energetic and ready to give your son/daughter a positive and memorable experience. Outdoor Education NSW staff set high standards of safety and moral conduct and will be accompanied by teachers from your son/daughter’s school during all activities. We have a strict policy of ‘challenge by choice’, i.e. everyone is encouraged to give it their best, but no-one is forced to do anything. The program of activities chosen by your school is challenging, educational and lots of fun.

We ask that you make your son/daughter aware of the camp guidelines (refer to student letter) before they arrive at camp. Your son/daughter will be informed of the camp rules on arrival and will be expected to carry out those safety rules during the program. If however, your son/daughter breaks our safety rules and puts themselves or others at risk of injury, (e.g. fighting, excessive bad behaviour and vandalism) we will contact you and ask for you to arrange to take them home as soon as possible (no refund is given). If your son/daughter becomes ill during the program, then the same procedure applies.

If you need any further information please contact our office on 1800 334 994. If you have decided to allow your son/daughter to participate in the program, you will need to fill in:

- Medical, Activity Restriction and Consent Form

This form should accompany the information sheet and should be read in conjunction with your son/daughter’s sample program of activities and the Outdoor Education NSW Activity List. Your payment will also need to be returned with these forms according to the arrangements made by your son/daughter’s school.

Yours Sincerely

Outdoor Education NSW Management
Dear Student,

This letter has been designed to inform you of Outdoor Education NSW programs. A gear checklist is on the back of this page, so you can mark off the items as you pack them. You will also find a few hints and safety guidelines to ensure you have a safe and enjoyable time with Outdoor Education NSW.

All the staff at Outdoor Education NSW are young and energetic, eager to give you a positive and memorable camp experience. All the activities are designed so that you can try them at any level of challenge you wish. It is up to you to decide which activities you feel comfortable with and wish to participate in.

Safety is of extreme importance while on camp with Outdoor Education NSW, so the following camp guidelines need to be respected and adhered to. Please remember that if you put yourself or anybody else at risk of injury you will be sent home immediately. If you wilfully damage property, you or your parent/guardian will be expected to pay for its repair or replacement.

Please read the following camp guidelines and handy hints:

1. Please do not leave the campsite or activity areas without permission.
2. Respect male and female areas, enter no room other than your own.
3. All activities must be supervised by a teacher and/or an instructor.
4. Please respect others and stay in your dormitory after lights out.
5. Each group is responsible for the ongoing cleanliness of the camp. Please use the bins provided and keep your rooms tidy.
6. There is sporting equipment supplied for your free time.
7. It is suggested that you put your name on every item that you bring to camp.
8. Please bring your old clothes to camp and remove all jewellery.
9. Please DON’T bring any valuables such as mobile phones, ipods, games, jewellery etc.
10. The food at Outdoor Education NSW is great and there is plenty of it, please don’t bring an excess of junk food.
11. If you are an asthmatic, diabetic or suffer from any other medical conditions then please pack the appropriate medication (ask your parents about this and pass this information onto your teacher)
12. You are coming on camp to have an enjoyable and memorable time. Make sure you try every activity available to you on the program. You may never get the chance to participate in some of these activities again.

If you have any further questions or concerns in relation to these camp guidelines or any other details, please consult the teacher organising your camp.

Yours Sincerely

Outdoor Education NSW Management
### STUDENT GEAR CHECKLIST (3-DAY CENTRE PROGRAM)
*(A list of items for an overnight stay will be sent soon.)*

<table>
<thead>
<tr>
<th>Item</th>
<th>Item</th>
</tr>
</thead>
<tbody>
<tr>
<td>3 T-shirts (no mid-riff or sleeveless shirts allowed)</td>
<td>Torch (make sure it is working before you bring it on camp)</td>
</tr>
<tr>
<td>3 pairs of shorts</td>
<td>1 water bottle (1 litre capacity minimum)</td>
</tr>
<tr>
<td>2 long sleeve shirts or jumpers</td>
<td>Insect repellent and Sunscreen</td>
</tr>
<tr>
<td>2 pair of long pants for cold weather</td>
<td>2 pairs of sensible joggers or boots (1 old pair that you can get wet - <strong>no thongs!</strong>)</td>
</tr>
<tr>
<td>Spare socks and underwear</td>
<td>2 plastic bags to put your dirty or wet clothes in</td>
</tr>
<tr>
<td>Hat or cap and beanie</td>
<td>Toiletries</td>
</tr>
<tr>
<td>1 raincoat</td>
<td>2 towels (1 for outdoors, 1 for showers)</td>
</tr>
<tr>
<td>Pyjamas</td>
<td>Swimmers</td>
</tr>
<tr>
<td>1 pillow and pillow case</td>
<td>Hair tie for abseiling (if you have long hair)</td>
</tr>
<tr>
<td>1 sleeping bag or sheet/s with blanket</td>
<td>Mess Kit - 1 plate, 1 bowl, 1 fork, 1 knife, 1 spoon, 1 cup and tea towel (mess kit)</td>
</tr>
<tr>
<td>Optional Items – Camera, Souvenir / Shop Money</td>
<td></td>
</tr>
</tbody>
</table>

**Note:** In addition to the above items it is also recommended that you bring a small day pack so that personal items such as medications, water bottles, hats, raincoats, insect repellents and sunscreens can be easily carried during the day.
# OUTDOOR EDUCATION NSW ACTIVITY LIST

The following is a list of possible activities. Our students will only participate in the age appropriate activities and those available at the time. Our activity program will be sent to us in the next week or two.

<table>
<thead>
<tr>
<th>Activity</th>
<th>Description</th>
<th>Age/Group</th>
</tr>
</thead>
<tbody>
<tr>
<td>Archery</td>
<td>Safe and fun. Structured lesson and practice time</td>
<td>All ages</td>
</tr>
<tr>
<td>Bivouac</td>
<td>Offsite camping experience in tents. Combines well with Watagan Mountains day visits</td>
<td>Generally Yr. 5+</td>
</tr>
<tr>
<td>Bushcraft</td>
<td>Basic camp fire building and damper cooking</td>
<td>Generally Yr. 1+</td>
</tr>
<tr>
<td>Bushwalking</td>
<td>Guided bushwalking experience. From 1/2 day environmental awareness to 3 day expeditions</td>
<td>Age dependent Generally Yr. 5+</td>
</tr>
<tr>
<td>Canoeing</td>
<td>3 person canoes. All students wear PFD’s. Creek or lake locations</td>
<td>All ages</td>
</tr>
<tr>
<td>Challenge Ropes</td>
<td>Harnessed activity. Sequential elements rising to 8m with 60m flying fox</td>
<td>Min. Yr 5</td>
</tr>
<tr>
<td>Dual Flying Fox</td>
<td>Harnessed Activity. Adrenaline rush flying fox down a steep slope.</td>
<td>Generally Yr 5+ Min. Yr. 3</td>
</tr>
<tr>
<td>Fencing</td>
<td>Great fun and very safe. Protective equipment used to suit all ages. Structured lesson and practice time</td>
<td>All ages</td>
</tr>
<tr>
<td>Giant Swing</td>
<td>Very exhilarating 15m harnessed pendulum swing</td>
<td>Generally Yr. 5+ Min. Yr. 3</td>
</tr>
<tr>
<td>High Ropes Courses</td>
<td>Harnessed activity. Sequential elements at 4m, 7m and 12m (Jnr and Snr courses available)</td>
<td>Generally Yr. 3+, 5+, 7+, 9+</td>
</tr>
<tr>
<td>Icebreakers</td>
<td>Introductory Get To Know You and trust building activities</td>
<td>All ages</td>
</tr>
<tr>
<td>Initiatives Exercises</td>
<td>Student led problem solving and initiative activities</td>
<td>All ages</td>
</tr>
<tr>
<td>Multi Climb</td>
<td>Harnessed pole, rope, peg and crate climbing activities. 12m.</td>
<td>All ages</td>
</tr>
<tr>
<td>Orienteering</td>
<td>Introduction to navigation. Score course or point to point courses at the centre</td>
<td>All Ages</td>
</tr>
<tr>
<td>Pioneering</td>
<td>Teamwork Initiative Activity</td>
<td>All ages</td>
</tr>
<tr>
<td>Raft Building</td>
<td>Small group teamwork activity. Construct and race your raft</td>
<td>Generally Yr. 5+</td>
</tr>
<tr>
<td>Sports</td>
<td>Oval games, basketball, volleyball, table tennis</td>
<td>All ages</td>
</tr>
<tr>
<td>Super Drop</td>
<td>8m harnessed vertical drop.</td>
<td>Generally Yr. 5+</td>
</tr>
<tr>
<td>Teamwork Matrix</td>
<td>Low ropes activity to promote small group teamwork</td>
<td>Min. Yr. 3</td>
</tr>
<tr>
<td>Ten Pin / Laser Tag</td>
<td>Additional cost or alternative wet weather activity</td>
<td>All ages</td>
</tr>
<tr>
<td>Night Activities</td>
<td>Games Night, Commando Night, Trivia Quiz, Camp fire, Challenge Night, Disco, Priest of the Parish, County Fair</td>
<td>All ages</td>
</tr>
</tbody>
</table>
Souvenir Price List

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sticker</td>
<td>$1.00</td>
</tr>
<tr>
<td>Eraser</td>
<td>$2.00</td>
</tr>
<tr>
<td>Ruler</td>
<td>$2.00</td>
</tr>
<tr>
<td>Pen</td>
<td>$2.00</td>
</tr>
<tr>
<td>Sharpener</td>
<td>$2.00</td>
</tr>
<tr>
<td>Calico Bag</td>
<td>$4.00</td>
</tr>
<tr>
<td>Drink Bottle</td>
<td>$5.00</td>
</tr>
<tr>
<td>Fluffy Animals - Sml</td>
<td>$5.00</td>
</tr>
<tr>
<td>Boomerangs</td>
<td>$8.00</td>
</tr>
<tr>
<td>Crystals</td>
<td>$10.00</td>
</tr>
<tr>
<td>Fluffy Animals – Lge</td>
<td>$10.00</td>
</tr>
</tbody>
</table>

We also offer 3 different Show bags:-

**Show bag 1 - $15.00**
Calico bag, Drink bottle, Pen, Eraser, Ruler, Sharpener & Sticker

**Show bag 2 - $15.00**
Calico bag, Small Fluffy Animal, Pen, Eraser, Ruler, Sharpener & Sticker.

**Show bag 3 - $10.00**
Calico Bag, Pen, Eraser, Ruler, Sharpener & Sticker.
Please complete the Medical, Activity Restriction and Consent Form and return to Ms Whitty. These details will be forwarded to the Active Education staff.

**Participant Details**

Surname: ................................................................. Gender:  ☐M / ☐F  
Given Name/s: ........................................................... Date of Birth: .... / .... / ....  
Address: ........................................................................

**Emergency Contact Details**

☐Parent / ☐Guardian / ☐Contact Person: .................................................................

(Name in Full)

Telephone: ...........................................................  ...........................................................  ...........................................................  
(Home) (Business) (Mobile)

**Medical Information**

Medicare No: ..........................................................  Ambulance Cover:  ☐Yes / ☐No  
Position on Medicare Card (eg. 1,2): ..................... Medicare Expiry: ...........................................................  
Private Health Insurance Fund:  ☐Yes / ☐No  
Fund Name: ..........................................................  Fund Policy No: ...........................................................  

Please answer the following medical questions regarding your son/daughter:

1. Is your son/daughter in good health?  ☐Yes / ☐No

2. Does your son/daughter suffer any chronic illness, or disability?  ☐Yes / ☐No

   If yes, please specify: ............................................................................................................

3. Does your son/daughter need to take any form of medication on camp?  ☐Yes / ☐No

   If yes, please specify: (dose, frequency etc.) ........................................................................

   Does the medication need refrigeration?  ☐Yes / ☐No

4. Has your son/daughter suffered from any acute illness during the past four months?  ☐Yes / ☐No

   If yes, please specify: ............................................................................................................

5. Has your son/daughter had any major surgery (knee, back, heart, etc.)?  ☐Yes / ☐No

   If yes, please specify: ............................................................................................................

6. Has your son/daughter been treated by a doctor during the last four weeks?  ☐Yes / ☐No

   If yes, please attach a doctor’s report with instruction about medical treatment and a certificate stating that the participant is fit to attend.
7. Does your son/daughter have any allergies? (insects, food, medication, etc.) □ Yes / □ No
   If yes, please specify: ……………………………………………………………………………………………
   ………………………………………………….

8. Does your son/daughter have any special dietary requirements? □ Yes / □ No
   If yes, please specify: ……………………………………………………………………………………………
   ………………………………………………….

9. Does your son/daughter: wet the bed? □ Yes / □ No
   sleep walk? □ Yes / □ No

10. Has your son/daughter had the Diphtheria Tetanus Toxoid booster injection? □ Yes / □ No
    If yes, what date was the last booster given? ….. / ….. / ……..

11. Do you give permission for Panadol to be administered to your son/daughter if required? □ Yes / □ No

Activity Restrictions
All activities are instructed by qualified instructors and at all times are supervised and accompanied by your son/daughter’s school teachers.

Please read the sample program of activities for your son/daughter’s school in conjunction with the Outdoor Education NSW Activity List. If you do not want your son/daughter to participate in any particular activity or activities, please write them in the space provided and notify your son/daughter of the activity or activities for which they are to be excluded:

…………………………………………………………………………………………………………………………
…………………………………………………………………………………………………………………………
…………………………………………………………………………………………………………………………

Is your son/daughter permitted to participate in swimming/water activities? □ Yes / □ No
If no, please inform your son/daughter that they are not to participate in any swimming/water activities.

How do you rate your son/daughter swimming ability?
□ Non Swimmer    □ Average    □ Competent (swim more than 50m)

Parent or Guardian Consent
In the event of any accident or illness and I am unable to be contacted, I authorise the obtaining of such medical assistance on my behalf that my son/daughter may require. I also agree to cover medical fees and/or cost of such assistance that may be incurred while my son/daughter is with Outdoor Education NSW.

Wilful damage of property while with Outdoor Education NSW will be paid for either by the student involved or by their parent/s or guardian.

I have read my son/daughter’s sample program and have made them aware of the camp guidelines. I give

………………………………………………………………………………………………………………………………
   to attend the program run by Outdoor Education.

(Son/Daughter's Full Name)

Signature of Parent/Guardian ................................................................. Date: ….. / ….. / ……..

(Parent or Guardian)
Code of Conduct for Stage two Overnight Excursion to ‘Outdoor Education – Morisset’.
From Monday 17th June to Tuesday 18th June.

Chertsey Primary School is committed to providing a safe, secure, disciplined and quality learning environment whilst on overnight excursions. School excursions and camps play an important role in enhancing educational and social opportunities for students of Chertsey Primary School. Overnight excursions and camps place a great deal of added responsibility on both students and accompanying staff. For some students this may be the first time that they have been away from home without family members. In order for the excursion to be a safe, enjoyable and educationally worthwhile experience we would expect students to adhere to the same standard of behaviour that we expect at school.

It is an expectation of both Chertsey Primary School and the NSW Department of Education and Training that students will behave appropriately at all times.

We are asking students and their parents to be aware of the following Code of Conduct for Overnight Excursions and agree to it prior to the excursion. Any student who does not comply with this Code of Conduct and who jeopardise the safe conduct of the excursion, will be required to be picked up by their parents.

Mr John Anderson
PRINCIPAL

Overnight Excursion Code of Conduct

I ___________________________ of class _______ agree to abide by the following Code of Conduct.

I understand that any serious violation of the code may place my participation in the current and any future overnight excursions and camps at risk.

These are our school's expectation of student behaviour:
• Behave in a safe and responsible manner.
• Respect the rights of other people, both those participating in the excursion and the general public.
• Behave in a manner that will reflect positively on their school, their family and themselves.
• Follow all directions of teachers and adult helpers (including coach drivers, Camp personnel, tour guides etc.)
• Take responsibility for organising own personal belongings.
• Not to engage in activities that may impact on the ability of others to get a good night's sleep.
• Be patient with others.
• Take responsibility for gaining maximum benefit of the excursion by completing any activities as required.
• Wear the school uniform or other appropriate clothing as required by the teachers.

STUDENT SIGNATURE: ________________________________                  DATE: ___ / ___ / 2013

I have discussed the Overnight Excursion Code of Conduct with my child ____________________________ and expect them to abide by the guidelines. I understand that I am required to pick up my child from the excursion if they fail to abide by this Code of Conduct.

SIGNED: ________________________     Contact number: ______________     DATE: ___ / ___ / 2013
(Parent/Caregiver)

Please provide two (2) emergency contact numbers in the space below:

1. Name of contact ______________________________                  Contact number ______________
2. Name of contact ______________________________                  Contact number ______________